

MOORPARK ACTIVE ADULT CENTER

799 MOORPARK AVENUE
MOORPARK, CALIFORNIA 93021

August 2008

IN-HOME CARE AGENCY GUIDE

This guide is published by the Moorpark Active Adult Center, City of Moorpark. The guide is designed to provide interested persons with information about In-Home Care agencies in Moorpark and the surrounding communities.

This guide is a basic list of In-Home Care agencies and does not imply endorsement. The listings are not all-inclusive and are reported as accurately as possible for your use and establishment of effective references. Failure to list an assisted living facility implies no criticism.

A periodic update will be available. To inform us of corrections, additional information or changes of address or telephone number please call 805-517-6261.

City of Moorpark
Department of Parks, Recreation and Community Services
Moorpark Active Adult Center
799 Moorpark Avenue
Moorpark, CA 93021

805-517-6261

www.ci.moorpark.ca.us

American Companion and Homemaker Services, Inc. (ACHS)

1695 Mesa Verde Avenue

Suite 200

Ventura, CA 93003

800-973-0173

- Services:* Services available hourly or on live-in basis. Service providers include Certified Home Health Aids (CHHA's), Certified Nurse Assistants (CNA's), and experienced companions. Caregivers can provide bathing, personal grooming, dressing, toileting, incontinence care, assistance with daily activities, assistance with exercises, medication supervision, meal preparation, feeding, light housekeeping, laundry, escort to medical appointments, assistance with shopping/errands, assistance with transportation and companionship.
- Ages:* All
- Cost:* Live-out, \$15.00 – 19.50/hour; live-in, \$150.00 - \$192.00/day. There is a 20-hour weekly minimum and a 4-hour daily minimum for hourly service. There is a 4 consecutive day minimum per week for live-in service. Long term insurance accepted on a case by case basis.
- Other:* Bonded and insured. Worker's Compensation Insurance. Federal, State, and payroll taxes deducted. Caregivers screening includes criminal records, DMV violations, and Social Security check. CPR and First Aid certified. Complimentary client assessment's available. English speaking staff and caregivers.

Area Agency on Aging**Multipurpose Senior Services Program (MSSP)**

646 County Square Drive

Suite 100

Ventura, CA 93003

805-477-7300

800-510-2020

Services: The MSSP is a community-based service provided by the Ventura County Area Agency on Aging. MSSP provides support to frail elderly who are vulnerable to premature and inappropriate placement in a skilled nursing facility. The program provides case management and coordination of services to individuals who are: certifiable for nursing facility placement, age 65 or older, receiving Medi-Cal, residing in Ventura County. Program services include: client assessment and care planning; service arrangement; purchase of additional needed services not available through family or other programs; case monitoring.

Ages: Age 65 and older

Cost: Must be eligible for Medi-Cal, along with other criteria, to qualify for services.

Other: Office hours – Monday through Friday, 8 a.m. to 5 p.m.

Assisted Healthcare Services

Thousand Oaks/Simi Valley

805-379-3031

Services: Range of service includes one-on-one personalized care; 24 hours, 7 days per week. Long or short term care is available. Available services include respite care, shopping and personal errands, meal preparation and planning, assistance with bathing and dressing, light housework, laundry and ironing, medication reminders and personal grooming. The type of caregiver provided depends on individual needs. Caregivers include companions, Personal Care Attendants, Certified Nursing Assistants (CNAs), LVN's, and Certified Home Health Aids (CHHAs).

Ages: All; works with disabled children and adults, new mothers, those recuperating from surgery, frail elderly requiring assistance to remain at home.

Cost: Varies according to service provided.

Other: Additional offices serving the Los Angeles, San Bernardino, Orange, Ventura, and Santa Barbara counties. In business since 1989. All employees covered by worker's compensation. All employees bonded. We handle payroll taxes.

Assisted Home Care

468 Pensfield Place Suite 100

Thousand Oaks, California 91360

805-371-9988

Services: Nursing services include physical assessment, evaluation of patient's needs, coordination of patient care, communication with physician, education/teaching, infusion therapy, wound and catheter care, and tracheostomy care. Physical Therapy includes physical assessment, therapeutic planning, gait training and exercises, home safety evaluation. Occupational therapy includes energy conservation for daily living, perceptual motor training and use of adaptive devices. Speech therapy includes swallowing therapy, communication improvement and cognitive retraining. Home Health Aides services include bathing and grooming and assistance with personal care.

Ages: All.

Cost: Medicare covers home health visits 100%, if the following criteria is met: you must be homebound, which means it "takes a taxing effort to leave home" AND there is a skilled need, which means that the care is medically necessary and requires the skill of a nurse or therapist. Also accepts most insurance policies and private pay.

Other: Staff is covered by liability insurance and agency's Worker's Compensation Policy. California State Licensed and JCAHO accredited. Medicare/Medi-Cal certified.

ComForcare Senior Services

509 North Elevar Street

Oxnard, CA 93030

www.comforcare.com

805-988-2145

805-988-2146 Fax

Services: ComForcare provides every possible service a private duty client could ever require including personal care, errands, bed/tub transfers, safety supervision, hourly services, chore services, grooming/hygiene, catheter care, facility staffing, live-in services, transportation, light housekeeping, meal preparation, doctor appointments, direct insurance billing, medication reminders, bathing/dressing, safe ambulation, benefit coordination. 24-hour/365 day availability of services. Hourly services from 4 to 24 hours per day, bath visits, or 24-hour live-in services.

Ages:

Cost: We accept the following reimbursement sources: private health insurance, catastrophic auto insurance, third party insurance, private pay/family pay, Medicaid Waiver (where available), long term insurance, Workers' Compensation

Other: Employees are meticulously screened with a rigorous six-step hiring process: National League of Nursing Competency, OSHA Universal Precautions, state criminal history clearance, state driver's record clearance, and personal ethics screening/testing protocol. Full skills orientation and in-service training.

Comfort Keepers

325 E Hillcrest Dr

Suite 150

Thousand Oaks, CA 91360

805-526-6000

Fax 805-494-9918

www.comfortkeepers.com

Services: Provides non-medical, in-home care to the elderly, chronically ill, those recovering from surgery or accidents. Services include transportation, meal preparation, light housekeeping, in-home companionship, medication monitoring, , errands, grocery shopping, walking and wheelchair assistance, bathing and shower assistance, personal care assistance. 24 hour live-in care available. Caregivers are all employees, fully covered by Comfort Keepers' workers' compensation, professional liability, general liability, and non-owned auto insurance. Staff includes Certified Nurse Assistants, and Certified Home Health Aids.

Ages: Adults

Cost: Fees vary according to hours provided. Free in-home consultation assessment.

Other: One of a team of 550 offices worldwide. All caregivers are fully fidelity bonded, screened (7 types of screening performed) and liability-insured. All caregivers are legal residents and English-speaking and licensed drivers.

DaranCare, Inc.

530 Moorpark Avenue

Suite 140

Moorpark, CA 93021

805-553-0870

Farzad Darabi, President

Services: Hourly care available, from 1 hour to 12 hour intervals, 24 hour live-in care, bath care, respite care, and transportation to and from medical appointments. Caregivers provide a wide range of care for an individual: bathing, personal hygiene, incontinence care, and skin care, reminders to take medications, dressing, exercise, ambulating, and meal preparation and clean up. Also provides light housekeeping, laundry, ironing, shopping with or for the client, companionship, taking the client to a variety of appointments and performing errands.

Ages: All ages, although we specialize in the older individuals needs. Our staff receives training specially designed toward clients with dementia and Alzheimer's disease.

Cost: Long term care insurance is accepted. Private pay for services is usual. MasterCard, Visa, and Discover Cards are acceptable. Fees are regulated according to the services provided. Initial nursing evaluation and assessment for a plan of care is inclusive with no added fees.

Other: All caregiver's references and background are checked, along with driving records. Determines that caregivers are legal residents. Agency provides the payroll for employees, along with Workers Compensation, social security, and taxes. Caregivers speak English, although some are bilingual in Farsi, Spanish, Russian, Tagalog, and French. We have male and female caregivers. Relief for staff provided if an emergency occurs. Company is bonded and insured. Company attempts to match a caregiver with a specific client. Care provided in Santa Barbara, Ventura, and Los Angeles counties.

ElderCaring of California

P.O. Box 1589

Thousand Oaks, CA 91358

www.ElderCaringCA.com

805-388-2700

Lisa Weeks, President

- Services:* Providing non-medical, in home care and support for seniors, helping them to remain in their own homes. Hourly or live-in help available.
Services include:
Practical Support: Transportation to doctor offices, errands, shopping; respite care for the family or primary caregiver; light housework, bathing/dressing, meal preparation, medication reminders, transferring/walking assistance, personal care and hygiene.
Emotional Support: Companionship; reassurance for primary caregiver and family that loved one is well cared for.
Social Support: Accompanying senior field trips, senior programs and activities, movies, entertainment, dining out.
- Ages:* Seniors.
- Cost:* Hourly or live-in rates available.
- Other:* Caregivers are carefully screened, bonded and insured.

Help Unlimited

Corporate Office

1765 Goodyear Avenue

Suite 201

Ventura, CA 93003

800-654-6990

Santa Barbara 805-962-4646

- Services:* Services include live-in 24 hour a day care, hourly care, bath care, long-term and short term care, respite care. There is no minimum block of time for service. Professional services include skilled nursing, Home Health Aides, physical therapy, speech/language pathologist, occupational therapy services, and medical social services. Caregivers can also assist with dressing, bathing, medication supervision, exercise help/range of motion, companionship, meal preparation, grocery shopping, light housekeeping, laundry, transportation, errands, pet care and correspondence.
- Ages:* All.
- Cost:* Medicare and MediCal accepted for skilled nursing and therapy services. Private pay for other services; accepts MasterCard, Visa and Discover Card.

Price Guide for Help Unlimited Employees

3-12 hours	\$21-\$28 per hour
24 hour shift	\$345-\$380 per 24 hour period

1-2 hour visits are available upon request. Please speak with a Care Coordinator for rates.

Price Guide for Help Unlimited Referral Caregivers

3-12 hours \$11-\$17 per hour

24 hour shift \$180-\$200 per 24 hour period

1-2 hour visits are available upon request. Please speak with a Care Coordinator for rates.

Remember to add 35% temporary referral fee to the suggested rates.

Other: Background check and reference check made on all caregivers. All employees have two years experience before hiring. All employees are bonded and DMV checked. Help Unlimited employees have workers compensation and liability insurance. Family owned and operated

ResCare HomeCare
23901 Calabasas Road
Suite 2064
Calabasas, CA 91302
818-347-7888
800-707-4855
Fax – 818-347-7884

Services: Live-in and/or hourly care available. Certified Nurse Assistants (CNAs), Certified Home Health Aides (CHHA). All services managed by a licensed health care and residential care administrator. Free in-home/in-room evaluations. Services include general care and supervision; help with activity's of daily living (ADL's); bathing and shower assistance; assistance dressing; incontinence care; assistance with medications; range of motion exercises; companionship; position in bed; skin care and grooming; ambulating and transfer assistance; walker, cane and wheelchair assistance; meal preparation; housekeeping assistance including bed linen changes, washing and drying dishes, laundry, dusting and vacuuming.

Ages:

Cost:

Other: Care-givers are screened for health, background, includes criminal, social and credit; driving records and references. Caregivers are agency employees; agency covers Workers Compensation, Social Security and taxes. Caregivers are English-speaking, legal residents, fidelity bonded and liability insured. Large pool of primary and relief staff. Areas include Santa Barbara and Ventura and LA counties.

Home Instead Senior Care

Ventura County Office

1720 Los Angeles Avenue

Suite 201

Simi Valley, CA 93065

["http://www.homeinstead.com"](http://www.homeinstead.com)

(805) 577-0926

(805) 577-0258 Fax

Services: Services available a few hours a day, up to 24 hours, seven days a week, including weekends and holidays with no weekly minimum. Services include: personal care, meal preparation, medication reminders, laundry, light housekeeping, escort for shopping and errands, respite care. We have provided affordable care to nearly 1 million clients, many of whom tell us their CAREGiver made the difference for them between counting the years and living them. Only the most trusted and passionate CAREGivers are selected. They are thoroughly screened, trained, insured and bonded, matched to your preferences, professional, reliable, and dependable. We handle all the responsibilities of taxes, social security, scheduling, benefits, insurance and workers' compensation. We offer a free pamphlet "Weighing Your Options" to help with the selection of a company. We participate in our local "Be a Santa to a Senior" program, providing more than 500 seniors with Christmas gifts in Ventura County.

Ages: Adults

Cost: Fees vary according to hours provided. We provide 90 minute "Rise n Shine", "Tuck In", bath packages, 3 hour minimum up to 24 hour per day care. Long-term insurance, private pay, and workers' compensation payments accepted. Visa, Mastercard and Discover are also accepted.

Other: We do a free initial visit to determine a care plan. There is no cost or obligation. We have a full-time client care coordinator who conducts quality assurance visits. We service all of Ventura County with over 500 franchises serving other areas.

In-Home Supportive Services

East County

3855 Alamo Street

Suite 2019

Simi Valley, CA 93063

805-582-8062 – Ext, 7915. Ask for Adult Service Officer of the Day

Services: Provides help to those who are eligible: aged, blind or disabled persons who have limited ability to care for themselves or would be unable to safely remain in their own homes without the service. Enables individuals to return home following hospital stay or from board and care facility. Services may include house cleaning, food shopping, laundry, non-medical personal care. Eligibility: aged, blind, or disabled; living in own home; financial need or ability to share cost of services. SSI recipients or Medi-Cal recipients eligible.

Ages: Must be 65 or older, or blind, or disabled, and living in his/her own home.

Cost: No charge to most recipients. If your income is above the SSI/SSP limits, you may be required to pay for a portion of your IHSS benefits (share of cost).

Other: You must live in your own home, defined as any place you choose to reside except a nursing home or other out-of-home care facility – licensed or not. Personal property may not exceed \$2,000 for an individual or \$3,000 for a couple. Countable property includes: cash on hand, checking and savings accounts, the value of stocks, bonds, trust deeds, real property (other than the home you own and live in), automobiles and recreational vehicles, promissory notes and loans. Property that is not counted includes: the home you own and live in, one automobile needed for transportation to medical appointments or work, and all life insurance policies if the combined face value is \$1,500 or less. Call IHSS to check income levels.

Interim Assisted Care

2001 Solar Drive

Suite 125

Oxnard, CA 93030

805-278-2300

Services: Caregivers available to provide personal assistance, meal preparation, light housekeeping, shopping and errands, laundry and companionship. Services are provided by personal assistants or Certified Nursing Assistance (CNAs). Caregivers are available part-time or full-time; there is a two-hour minimum per visit. 24-hour care available.

Ages: All ages are eligible for services

Cost: \$16.50/hour and up depending on services. \$200/day for live-in.

Other: All caregivers are insured and bonded, and have been screened, including criminal background checks, and references.

Livingston Memorial Visiting Nurse Association (LMVNA)

80 Long Ct., Ste 1A
Thousand Oaks, CA 91360
805-495-9655
and

Mainl Office
1996 Eastman Ave., Ste. 101
Ventura, CA 93003
805-642-0239
www.livingstonvna.org

Services: LMVNA began in 1947 providing home care services for the frail, elderly, sick, and disabled residents of Ventura County in their own homes. LMVNA is a comprehensive not-for-profit Home Health and Hospice Program. LMVNA is Medicare-certified and accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO). LMVNA's services include: Home Heath Care – Skilled nursing, physical, speech and occupational therapy, registered dietitian, medical social worker and home health aids.

Ages: All.

Cost: Medicare, Medi-Cal and private insurance accepted. Fees vary according to service provided.

Other: Office open Monday – Friday, 8:00 a.m. – 5:00 p.m.

Maxim Healthcare Services
500 Esplanade Dr
Suite 300
Oxnard, CA 93036
805-981-2539
Fax: 805-278-8853
www.maxhealth.com

Services: At Maxim all caregivers are fully bonded and insured; and undergo testing and screening. Maxim will compare your preferences to the caregiver's qualifications, for a compatible match. Services provided range from performing personal care, reminding, assisting with mobility, providing transfer assistance, preparing meals and feeding, providing companionship, performing light housekeeping, running errands, organizing, shipping and reading mail, grocery shopping, escorting t appointments, assisting with pet care and entertaining (games, crafts, reading, etc.)

MediTech Health Services

Coporate Office
4562 Westinghouse Street
Suite A
Ventura, CA 93003
805-644-0800 – Ventura Area
805-963-8949 – Santa Barbara
800-538-0900 – All Others

Services: Registered Nurses, Licensed Vocational Nurses, Certified Nurse Assistants, live-ins, enterstomal therapy, Medical Social Services, nutritional counseling, occupational therapy, physical therapy and speech therapy, and homemakers and companions. Caregivers are available to assist with shopping and errands, light housekeeping, meal preparation, medication reminders, socialization/travel companions, and personal appointments and respite care. Registered Nurses supervise all home care clients. Trained caregivers to care for Alzheimer's and dementia clients are available.

Ages: All

Cost: Medicare certified. Fees vary according to services provided.

Other: State licensed, fidelity bonded, liability insured. Background checks. Locally owned since 1987. Serving all of Ventura County and Santa Barbara County. Home tele-health monitors and home pro-time monitoring are available. Joint commission certified.

O.A.S.I.S. (Older Adult Services and Intervention System)

Moorpark Office
609 Fitch Ave
Moorpark, CA 93021
805-794-5929 - Moorpark

Services: OASIS provides case management, visitation, information and referral; care planning for frail elderly age 60 and up. Case managers visit clients in their homes in order to: assess needs, determine physical and mental abilities, and to develop care plans. Volunteers are assigned to clients when home visits and personal assistance is needed. Moorpark office offers health education with an LVN.

Ages: Age 60 and older.

Cost: No Fee.

Other: Office hours – Monday and Tuesday, 9 a.m. – 12 p.m.

Personal Parent Care

Eldercare Management and Home Companion Services

P.O. Box 2597

Camarillo, CA 93011-2597

805-389-0997

805-389-0477 - Fax

Services:

1. Care Management: Specialize in assisting older persons and their families in meeting the challenges of their long-term care needs, including Assessments and Plan of Care/Resource Referrals and Monitoring/Financial, Legal and Medical specialist referrals/advocacy/in-home safety/home caregiver monitoring/logistics of moving an older person from their home to a facility.
2. Home Caregivers & Companions: CNA'S, HHA'S, Caregivers – Part-Time/Full Time – Live-In or out. From 4 – 24 hours. Bonded/Licensed. Monitored by Certified Senior Advisors and Care Managers.
3. Facility Placement: Free service to clients and families to assist in moving a loved one to a facility. Help families understand the types of facilities, costs involved, provide tours of several facilities, and assist in the selection and placement process.

Ages: Eldercare Specialists/Certified Senior Advisors

Cost: Private Pay (some Long Term Care Policies will cover).

Other: Bonded and Insured. Complimentary One Hour Consultation by phone or in person.

The Simple Life

Ventura County

805-794-4005

Fax: 805-522-4005

Services: To shop, deliver and organize groceries and throw away spoiled food.

United Care Management

299 West Hillcrest Dr. #110

Thousand Oaks, CA 91360

805-917-5012

805-557-0615 Fax

info@unitedcaremanagement.com

Services: A non-medical home care provider helping to maintain your independence in the comfort of your home. United Care Management offers a full compliment of in-home care service specifically tailored to the individual's needs: hourly & live-in care, comprehensive needs assessment including a written care management plan, companionship, meal preparation, light housekeeping/laundry, bathing, dressing, toileting,

incontinence care, escort, transportation, grocery shopping, errands and medication reminders. United Care Management will provide an in-home assessment free of charge with no obligation. We can help you devise a comprehensive care plan that best suits your individual needs.

Visiting Angels Living Assistance Services

Mailing Address: 1336 N. Moorpark Road #25
Thousand Oaks, CA 92360

Walk-In Address: 575 S. Dawson Dr.
Camarillo, CA

805-462-0526

805-383-6485 Fax

Services: Non-medical homecare. Up to 24-hour care. Assistance with hygiene, meal preparation, light housekeeping, errands and shopping, and companionship. Service is available day or night, on a live-in or live-out care basis, on a temporary or long-term basis, and on weekends and holidays. Respite for family caregivers.

Ages:

Cost: Charges vary

Other: Runs a criminal, DMV, personal and professional background check on each new caregiver. Service coordinator matches caregiver with care recipient and arranges for the caregiver to visit the home so recipient can participate in the selection process. Social Workers are provided.

RELATED SERVICES

Caring Neighbors

Lutheran Social Services
80 E. Hillcrest
Suite 101
Thousand Oaks, CA 91360

805-497-6207

Services: Volunteers offer minor home repair, yard work and transportation for seniors with low incomes, disabilities. Grocery shopping and errands.
Ages: Senior citizens. 62+
Cost: No fee – Labor free – parts you may have to pay for.
Other: Volunteer program.

Conejo Youth Employment Service (CYES)

80 E. Hillcrest, Room 207
Thousand Oaks, CA 91360
805-496-6868

Services: Area young people available for employment doing yard work, light maintenance and housework. Thousand Oaks, Moorpark, Newbury Park, Agoura Hills, and Westlake Village.
Ages:
Cost: Negotiable.
Other: Youth employment referral services for ages 14-22. Office hours – Monday – Friday, 1–5 p.m.

Home Remedies

1250 Potter Avenue
Thousand Oaks, CA 91360

805-492-4689

Paul Furtaw, Owner
Fax: 805-492-2379

www.ghday@aol.com

Services: General carpentry. Installs ramps for wheelchair access, bathroom grab bars, widens doorways to assist recovering patients in their transitions back to their homes. General carpentry to help families and individuals live independently. Works with a number of sub-contractors. In-home needs strategist offers in-home needs assessments. Licensed and insured.
Ages: All.
Cost: Vary according to work.
Other: Hours - Monday – Friday, 8 a.m. – 5:00 p.m.

Hospice of the Conejo

80 E. Hillcrest Drive

Suite 204

Thousand Oaks, CA 91360

805-495-2145

Services: Hospice is a special concept of care that promotes quality of life for individuals during the last phases of their life. Hospice provides a specialized form of healthcare- *palliative care*. Palliative care is comprehensive care provided by an interdisciplinary team designed to meet the physical, psychological, and spiritual needs of the patient and his or her familial.

Aggressive comfort care is the objective.

Support: In-home support for the terminally ill and their loved ones

Adult bereavement support

Youth & Teen support groups

Assistance to the homebound

Volunteer training

Public Education

Cost: All services offered completely free of charge

Other: Client must be a Conejo Valley, Moorpark, or Simi Valley resident or must have or develop a written plan providing instructions in case of medical or other emergencies. Client's living environment must be safe.

Ombudsman

2021 Sperry Avenue

Suite 35

Ventura, CA 93003

805-656-1986

Fax 805-6-58-8540

www.OmbudsmanVentura.org

Services: The Ombudsman Program of Ventura County works to assure the highest quality of life and care possible for elderly in long term care facilities throughout Ventura County. Provides pre-placement counseling for those considering long term care options. Makes unannounced and unscheduled visits to facilities to determine level of care. Investigates and resolves complaints on behalf of nursing home, and board and care residents. Provides information on residents rights. We offer free caregiver support group three times a week. Provide free facilities list (contact info. for long term care) for all of Ventura

Ages:

Cost: All services are free and confidential.

Other: Services available 24 hours a day, 7 days a week. Assistance is available in English and Spanish. Office Hours are Monday-Friday 8am-4pm. After Hours Crisis Line: 800-231-4024.

Pathways Companion Program

80 E. Hillcrest Drive
Suite 204
Thousand Oaks, CA 91360
805-296-2145

- Services:* For the frail or homebound, pathway volunteers offer companionship and relief to those they visit. For several hours each week, an assigned volunteer may help with errands or minor home chores, transportation or outings within the Conejo Valley, listening and conversation, reading, writing letters or life stories, emotional support, respite for a caregiver. Pathways volunteers are not authorized to provide nursing care of any kind.
- Ages:* Isolated or homebound older adults with proclivity toward pre-hospice illness.
- Cost:* All services offered completely free of charge.
- Other:* Client must be a Conejo Valley, Moorpark, or Simi Valley resident or must have or develop a written plan providing instructions in case of medical or other emergencies. Client's living environment must be safe.

Shop Ahoy

10773 Galvin Street
Ventura, CA 93004
805-659-1530
and

Shop Ahoy

Simi Valley, CA
805-520-2570
Moorpark Phone Number – 805-250-2570

- Services:* Nonprofit grocery and medication delivery service for housebound older adults who need assistance.
- Ages:* Older adults.
- Cost:* Fees are on sliding scale based on size of order.
- Other:* Hours of operation: Monday – Friday, 8 a.m. – 5:00 p.m.
Moorpark delivery days are Tuesday or Thursday. Call to place orders on Monday or Friday.